

# THINK

Is happiness easy or difficult to achieve? What do you think? Watch the following TEDx video where Jaqueline Way talks about her secret to happiness. What is her secret?

<https://www.youtube.com/watch?v=78nsxRxbf4w>

Do you agree with what she says or not?



If you find the video difficult to understand, you can watch it with subtitles. Click on this image under the video on YouTube: 

## TASK 1

Complete the table with the parts of speech that are missing. You may need to use a dictionary. Remember, some words can have two or more derivatives and some others do not have all forms.

	Verb	Noun	Adjective	Adverb
0	MEET			
1	INTRODUCE			
2	CONSIDER			
3	BEHAVE			
4			ABLE	
5	PERFORM			
6		BREATH		
7	SITUATE			
8		SUCCESS		

## TASK 2

Now do the task below. The numbers in the table in TASK 1 above correspond with the numbers in the text below. The first one (0) is an example. When you finish, check your answers. There is a key!

# Lessons in



A (0) **MEETING** was held at Cromwell Secondary School in order to discuss the (1) \_\_\_\_\_ to happiness' lessons. The head teacher, Martin Ford, believes that this may help to fight a (2) \_\_\_\_\_ rise in depression and anti-social (3) \_\_\_\_\_ among pupils. As Ford says, "21<sup>st</sup> century life has many pressures and people are becoming (4) \_\_\_\_\_ to cope with them." Three teachers from the school travelled to the USA to receive training on how to teach the new lessons. Aims include building up self-esteem, and learning how to express thoughts clearly. Trials have shown that these things can improve class (5) \_\_\_\_\_ and exam results. Pupils will also be taught (6) \_\_\_\_\_ exercises to keep them calm and stop them from blaming themselves for (7) \_\_\_\_\_ that they can't control. If the lessons are introduced (8) \_\_\_\_\_, they could become part of the regular school timetable.

## KEY

	Verb	Noun	Adjective	Adverb
0	MEET	meeting		
1	INTRODUCE	introduction	introductory	introducerily
2	CONSIDER	consideration	considerable	considerably
3	BEHAVE	behaviour / behaviour	(mis)behaved	-
4	enable / disable	ability / inability / disability	ABLE unable	-
5	PERFORM	performance / performer	performing	-
6	breathe	BREATH breathing	-	-
7	SITUATE	situation(s)	situational	situationally
8	succeed	SUCCESS	(un)successful	(un)successfully

The highlighted words are the correct options in the HAPPINESS text.